

Ways I Can Build External **Developmental Assets*** with My Family

Things I can say. Behaviors I can model. Actions I can encourage.

EXTERNAL ASSETS

SUPPORT:

- Family Support
- Positive Family Communication
- Other Adult Relationships
- Caring Neighborhood
- Caring School Climate
- Parent Involvement in Schooling

WAYS I CAN BUILD THESE

EMPOWERMENT:

- Community Values Youth
- Youth as Resources
- Service to Others
- Safety

WAYS I CAN BUILD THESE

BOUNDARIES & EXPECTATIONS:

- Family Boundaries
- School Boundaries
- Neighborhood Boundaries
- Adult Role Models
- Positive Peer Influence
- High Expectations

WAYS I CAN BUILD THESE

CONSTRUCTIVE USE OF TIME:

- Creative Activities
- Youth Programs
- Religious Community
- Time at Home

WAYS I CAN BUILD THESE

One thing I can do in the next 48 hours to build *one* of the external assets:

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