

## **TACKLING RACIAL EQUITY IN HEALTH**

## A Persistent Problem

For Horizon Foundation, equity means that everyone has a fair and just opportunity to live a long, healthy life – and nobody is left behind because of who they are or where they live. But research shows that some members of our community face significant barriers to good health, overall wellness and opportunity. This is particularly true for our communities of color, which experience disproportionate levels of chronic disease, deaths and disabilities.

## **Taking Action**

Past efforts by other community organizations have tackled race issues but now we must engage racial equity as a systemic issue.

Horizon Foundation seeks to reduce health disparities and work toward racial equity in health by:

- Advocating for policies and practices that dismantle longstanding health barriers and promise more equitable health outcomes for people of color
- Elevating the voices of leaders from communities of color
- Strengthening the abilities and resources of community organizations to advance movements for social change

## Join Us

Help launch a new movement for equity that will break down longstanding health barriers and reduce disparities for communities of color. Here are two immediate actions you can take:

 Attend one of our four-hour Introduction to Racial Equity workshops. These workshops are facilitated by our racial equity partners from ABFE, and will take place at Owen Brown Interfaith Center, 7246 Cradlerock Way in Columbia, MD:

Thursday, Sept 20, 8a - 12p • Thursday, Sept 20, 4 - 8p • Saturday, Sept 22, 8a - 12p

Participate in our upcoming Racial Equity Summit, also facilitated by ABFE, that will
highlight disparities and barriers facing community members. The Summit will focus on
understanding and addressing health disparities and well-being through a racial equity
framework. The summit will take place:

Saturday, Nov 10, 8a - 1p Wilde Lake Interfaith Center, 10431 Twin Rivers Rd in Columbia, MD

The Horizon Foundation is seeking partner organizations and individuals who are passionate about working with communities of color in Howard County to participate in November's Equity Summit.

The Racial Equity Summit will highlight disparities and barriers facing community members who face the greatest challenges to good health and focus on identifying and prioritizing local community actions to close gaps and address those issues.

The Roadmap to Racial Equity in Health will identify key goals, strategies and activities for community action for the next two to three years.

To stay engaged or ask any questions, please contact Program Director Rosimar Melendez at rmelendez@thehorizonfoundation.org or 443-766-1213.

